

Critical Incident Stress Debriefing California P.O.S.T. Course #10560



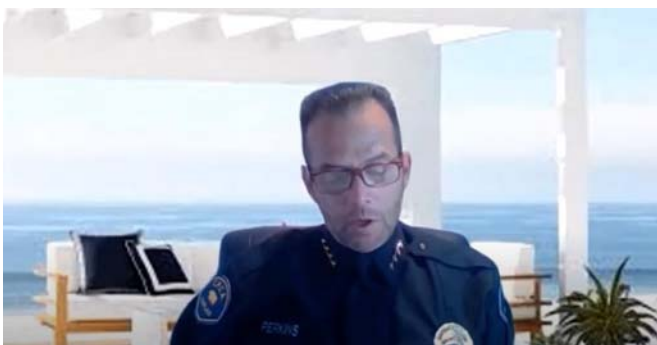
Online Program
California Practical
Chaplain Association

About This Program



The California Practical Chaplain Association (CPCA) is the currently the only agency certified by the state of California Peace Officer Training & Standards (P.O.S.T.) to train and deliver Critical Incident Stress Debriefing (CISD) training to Police and Public Safety agencies in the state.

This training will be delivered through distance learning and LIVE FEED class instruction via Zoom. It includes course instruction and workbook/ training manual.



Critical Incident Stress Debriefing (CISD) is a specific, 7-phase one on one or small group, supportive crisis intervention process. The CISD process does not constitute any form of psychotherapy and it should never be used as a substitute for psychotherapy. It is simply a supportive, crisis-focused discussion of a traumatic event (which is frequently called a “critical incident”).

The primary purpose of CISD is to inform and empower an individual or homogeneous group after a threatening, or overwhelming traumatic situation. A CISD attempts to enhance resistance to stress reactions, build resiliency or the ability to “bounce back” from a traumatic experience, and facilitate recovery from traumatic stress and a return to normal, healthy functions.

A Critical Incident Stress Debriefing has 3 major objectives.

- 1) The mitigation of the impact of a traumatic incident
- 2) The facilitation of the normal recovery processes and a restoration of adaptive functions in psychologically healthy people who are distressed by an unusually disturbing event
- 3) A CISD functions as a screening process to identify individuals or group members who might benefit from additional support services or from a referral for professional care.



Basic Police Chaplain Certification Course Requirements

As crisis, disasters and traumatic events become epidemic, the need for effective crisis response becomes no longer an option but a necessity. Crisis intervention programs are now recommended and even mandated in a wide variety of community and occupational settings. Critical Incident Debriefing (CISD) represents a powerful, yet cost effective approach to crisis response which is often misunderstood.

Completion of this course includes the following subjects through LIVE instruction delivered through Zoom.

Purpose Of The CISD Team

Profile Of The Law Enforcement Officer

Truth About Law Enforcement

F.B.I. Trauma Statistics

Potential Traumatizing Events

Post Traumatic Stress Disorder

Panic

Depression

Peer Support Techniques

Critical Incident Stress Debriefing Process

PROGRAM COST

Regular Program Cost is \$250 USD

Upon successful completion of the program candidates will receive the following 02 certificates:

California P.O.S.T. Course #10560

Critical Incident Stress Debriefing Certificate

*Ontario Critical Incident Stress Foundation
Certified Debriefer Certificate*



Additional Information

The California Practical Chaplain Association is a registered training provider with State of California Commission on Peace Officer Standards & Training.

Presenter # 1381

For further information or to register contact us at:

1-888-453-4021

or via email at

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